



# Gymnastics England Norfolk Newsletter

June 2010

## Welcome

The aim of this newsletter is to keep clubs and schools up-to-date with general news, course dates, events and competition results.

I have tried to make this newsletter as informative and beneficial as possible to all of its readers. If you feel that some content is missing, I welcome your feedback so please contact me on the details below.

I am keen to include case studies of your own experiences in the next edition so please contact me if you would like to appear in it.

Happy reading!

Sarah Parker

Gymnastics Development Officer  
for Norfolk and Cambridgeshire  
07825056156  
sarah.parker@gymnasticsengland.  
org

## Upcoming Events

19<sup>th</sup>-20<sup>th</sup> June

Regional General Gymnastics  
Coaching Conference, Ipswich  
(Contact Sarah Parker to book your  
place)

24<sup>th</sup> June

Key Step Regional Final  
competition, Ipswich

4<sup>th</sup> July

Leadership Academy meeting,  
Norwich



*For club competition dates  
in the Eastern region  
please go to  
[eastgymnastics.org.uk](http://eastgymnastics.org.uk)*



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GymMark



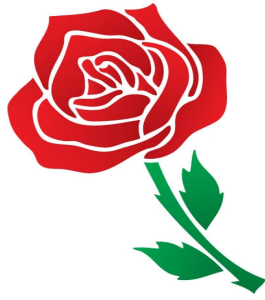
## The benefits of GymMark accreditation

- Increased membership: addressing issues like equality and child protection gives parents confidence when choosing a club for their children.
- Club development: by attracting young members, the club is building a strong future for itself.
- Developed workforce: GymMark accredited clubs are offered assistance in developing the clubs workforce.
- Raised profile: GymMark accredited clubs are listed on a National database, as well as other directories, helping the club to attract new members and grow.

## What British Gymnastics offers to GymMark accredited clubs

- Developmental support from National, Regional and County Development Officers.
- 25% discount on club registration with BG.
- Discounts on volunteer training and facility hire from County Sport Partnerships and Local Authorities.
- Prioritised when applying for funding from external funding streams, including Awards for All and Sports Match.

*Congratulations to Kings  
Lynn GC and East Norfolk  
GC for passing their re-  
accreditations!*



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## Norfolk Gymnastics Website

Please visit our Norfolk  
Gymnastics website regularly  
at

[www.norfolkgymanstics.org.uk](http://www.norfolkgymanstics.org.uk)  
to keep up-to-date with all  
gymnastics news from our  
County.

The website recently went  
'live' and contains information  
on both club and school  
gymnastics, details of all  
clubs in the County, as well as  
links to our partner websites.

The website is regularly  
updated to ensure all  
information is relevant, but if  
you feel that vital information  
is missing, or you would like  
to write an article to be  
uploaded onto the website,  
please contact Sarah Parker  
via  
[sarah.parker@gymnasticsengland.org](mailto:sarah.parker@gymnasticsengland.org)

## Norfolk Gymnastics Leadership Academy

The Norfolk Gymnastics  
Leadership Academy has  
been developed to allow  
young people aged 14-  
19 to volunteer within  
the sport whilst  
undertaking gymnastics  
specific training courses  
such as coaching,  
officiating, first aid and  
child protection.

If you would like to join  
our Leadership Academy  
then please contact  
Sarah Parker for further  
details or an application  
form.





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## Courses in the Eastern Region

### Women's Artistic Level 2

Pipers Vale GC, Ipswich, Suffolk  
11th, 24th & 25th July 2010  
Contact Michelle Ellis  
michelle.ellis@gymnasticsengland.org  
or 07775020870

### General Gymnastics Level 2

Marriotts School of Gymnastics,  
Stevenage, Herts  
17th July 2010  
Contact Michelle Ellis  
michelle.ellis@gymnasticsengland.org  
or 07775020870

### TeamGym Level 1

Marriotts School of Gymnastics,  
Stevenage, Herts  
1st Aug 2010  
Contact Michelle Ellis  
michelle.ellis@gymnasticsengland.org  
or 07775020870

### Trampoline Cycle 5/6 Upgrade

Sawston Village College, Sawston,  
Cambridgeshire  
19th Sept 2010  
Contact Michelle Ellis  
michelle.ellis@gymnasticsengland.org  
or 07775020870

### Time to Listen

Dovedale Sports Centre, Essex  
4th July 2010  
Contact Michelle Ellis  
michelle.ellis@gymnasticsengland.org  
or 07775020870

### Core Proficiency Award Scheme

Norwich Gymnastics Club, Norfolk  
4th July 2010  
Contact Michelle Ellis  
michelle.ellis@gymnasticsengland.org  
or 07775020870

### Acrobatic Gymnastics Level 2

Lynnsport Leisure Centre, Kings Lynn,  
Norfolk  
4th July 2010  
Contact Janine Musson  
janine.musson.ntlworld.com  
or 01933 350405

### Acrobatic Gymnastics Level 3

Lynnsport Leisure Centre, Kings Lynn,  
Norfolk  
Date TBC  
Contact Janine Musson  
janine.musson.ntlworld.com  
or 01933 350405

